

Who we are...

After many years of personal struggles with chemical dependency, John Southworth began a life of sobriety, focusing his energy on assisting others whose lives have been consumed by addiction and other debilitating illnesses. This passion for helping others led Mr. Southworth to form Southworth Associates in 1998, allowing him to expand his reach through his worldwide team.

Southworth Associates believes that contributing its services to the community will assist corporations, agencies, individuals, and families cope with many different types of impairments, such as chemical dependency, mental illness and the negative influence of others. These services include educational presentations, consulting, interventions, treatment coordination, and monitoring.

John Southworth is a Certified Alcohol/Drug Counselor with professional affiliations worldwide. Previously, John served on the Board of Directors for the Federation of State Physician Health Programs, and presently serves on the Board of the Association of Intervention Specialists. Mr. Southworth has been named one of the top five interventionists by the Betty Ford Center. After a thorough assessment, Southworth Associates refers to treatment facilities throughout the world based on personal issues, finances, and geography. Through these affiliations, Southworth Associates continues to build and maintain a comprehensive network of services throughout the world and is able to provide assistance at a moment's notice.



Southworth Associates Coverage

Mission Statement

At Southworth Associates, we will do everything in our power to help dependent individuals, their families, colleagues, and friends to arrest the disease of addiction, allowing everyone to go forward fulfilling their lives free from the worry and problems that addiction creates.

Our goal is to provide quality information, education, coaching, and recovery services. We emphasize early identification, intervention, referral for treatment and monitoring. We recognize the need for all involved to commit to the ongoing journey towards recovery using the 12 Step model as our basic philosophy.

Testimonials

Southworth Associates has assisted hundreds of individuals with battling addictions and other illnesses. Here are a few of the things that people had to say about the service they received from Southworth Associates:

"The best advice I received during this difficult ordeal was to call John."

"Your team has opened the way for my brother's recovery, and you have kept our family united, calm, and positively engaged in this important process."

"He (John) supported me every step of the way - was only a telephone call away day or night."

"Although I hope we never need your services again, I want you to know you'll be first for us to recommend you!"

For more testimonials and information about Southworth Associates, please refer to:

Website: www.southworthassociates.net

Email: intervention@southworthassociates.net

Southworth

ASSOCIATES

Interventions, Consulting & Monitoring

800.386.1695 - 866.460.9014

Office

Crisis

International Callers

+ (1) 208.323.9555 - + (1) 208.891.4726

Office

Crisis

www.southworthassociates.net



We provide interventions for all ages.

Addictions

- Alcohol / Drug
- Sexual
- Gambling
- Eating Disorder

Mental Health

Seniors under the negative influence of others

"You made a difference in our lives."



"I am more appreciative than words can express."

"Thank you for giving me my life back!"

Educational Presentations

Southworth Associates believes that the best way to identify many problems arising from impairment caused by chemical dependency and mental health issues is to provide appropriate and complete education. During educational presentations, information is provided that contributes to the early detection of signs of impairment. These educational presentations benefit various entities including professional organizations, treatment programs, healthcare organizations, educators, peer assistance programs, hospitals, schools, and individuals.

Monitoring

Southworth Associates specializes in monitoring for those who require it in order to maintain sobriety and achieve specific life goals. Monitoring services are available during any point in the recovery process. These monitoring services include tracking individualized requirements, such as body fluid testing, meeting and treatment attendance, counseling and reporting any non-compliance with those activities to the appropriate sources.

Treatment Coordination

In addition to recovery monitoring, Southworth Associates can also provide treatment coordination, formulate treatment plans, obtain referrals, and provide liaison for family members and all other professional therapeutic, or legal matters as required.

Consulting

Southworth Associates provides consulting services worldwide in the areas of:

- Admissions and telephone communications
- Treatment Referrals
- Telephone coaching on personal issues
- Employee assistance programs
- Employee education programs
- Marketing

Interventions

John Southworth's style of intervention can be described as a coaching process because he skillfully blends the best elements of three models of intervention:

The ARISE model is a collaborative intervention process that reduces guilt and blame and focuses on helping the substance abuser get into treatment.

The JOHNSON model raises the bottom for an addict by precipitating a crisis in the addict's life that is not threatening or damaging and compels them into treatment.

The SYSTEMIC model is an alternative to traditional confrontational intervention models because family, friends, and colleagues form a team to work with the dependent person in a loving and respectful manner.

John's firm, but compassionate, and non-adversarial intervention style helps raise the bottom for the addict to help compel them into treatment. At the same time, John masterfully fosters collaboration between the family and the individual without the crippling guilt and blame that often prevents people from seeking help. John helps everyone stay focused on the hope for recovery that treatment brings.

“Coaching”

The Southworth Associates team is expert in this caring, proven approach to interventions. This approach has the highest recovery rate with dependent individuals who work with a member of the team through the entire coaching process.

John says, "While I am termed an Interventionist, I prefer to be thought of as a Coach. It is my feeling that when I work with families and companies to help them make the right decision, I want to be viewed as a guiding agent to individuals suffering from addictions rather than an authoritarian figure."

Proven Success

Southworth Associates' interventions are successful because the process:

- Focuses on working together as a whole rather than targeting an individual.
- Utilizes a caring, gentle, and respectful coaching method rather than a confrontational approach.
- Emphasizes working with the individual and those close to them in an honest and open manner.
- Provides professional recommendations for everyone affected, including the best treatment facilities available.

Southworth Associates is happy to provide all our clients with individualized service which includes:

24-hour service: The availability of personal assistance 24 hours a day, seven days a week.

Client Escort Assistance: Intervention clients have the option of having their loved one escorted by Southworth Associates personnel to a selected treatment facility following the successful intervention.

Multi-age services: Southworth Associates prides itself on its ability to respectfully provide individualized service to all age groups, because people of all ages suffer from impairments that need treatment.

Bilingual Services: Southworth Associates is pleased to provide their clients with the availability of interventionists skilled in other languages and cultures.

